

THE MANY FACES OF ADDICTION

A Symposium
Presented by **2010**
Bellwood Health Services

September 23-24



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Location:
Ontario Science Centre
770 Don Mills Road
Toronto ON



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THE MANY FACES OF ADDICTION

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Presented by **2010**
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Whether you are a healthcare or corporate professional, or an individual whose life has been touched by addiction, this symposium will provide education, training and information about new tools and emerging practices to help people heal from addiction.

AGENDA

Thursday, September 23, 2010	
7:30 - 8:30	Registration, Continental Breakfast, Exhibits
8:30 - 8:45	Welcome, Laura Bhoi, President, Bellwood Health Services
8:45 - 10:15	The Art & Science of Healing: Dr. Cardwell Nuckols - Telus Room
10:15 - 11:00	Nutritional Break & Exhibits
11:00 - 12:00	Continued... The Art & Science of Healing: Dr. Cardwell Nuckols - Telus Room
12:00 - 1:00	Lunch in the Bistro, Exhibits
1:00 - 2:00	Seize Each Day: Terry Evanshen - Telus Room
	Clinical Corporate
2:15 - 3:30	CL-1: Relapse Prevention Strategies: The Five Rules of Recovery: Dr. Steven Melemis - Telus Room
	CO-1: The Alarming Costs of Workplace Addictions: Are Your Employees Drinking Away Your Profits?: Linda Bell - Gemini West
3:30 - 3:45	Nutritional Break & Exhibits
3:45 - 5:00	CL-2: Treating the Multi-System, Multi-Problem Client: Matching Client Need to Modality: Dr. Cardwell Nuckols - Telus Room
	CO-2: Co-Dependency in the Workplace: Are You Guilty?: Rhona Charney - Gemini West

Conference Agenda: Speakers and exact session times are subject to change.

Friday, September 24, 2010	
7:30 - 8:15	Open 12-Step Meeting
7:30 - 8:45	Registration, Continental Breakfast, Exhibits
8:45 - 9:00	Welcome, Linda Bell, CEO, Bellwood Health Services
9:00 - 10:15	A New Way to Look at An Old Problem: LCol Stephane Grenier - Telus Room
10:15 - 10:45	Nutritional Break & Exhibits
	Clinical Corporate
10:45 - 12:00	CL-3: Dialectical Behaviour Therapy - Part One: Dr. Shelley McMain - Telus Room
	CO-3: Oxycontin, Percodan, Methadone & All Those Nasty Opioids That Cause Havoc in the Workplace: Or Do They?: Rick Csiernik - Gemini West
12:00 - 1:00	Lunch in the Bistro, Exhibits
1:00 - 2:15	CL-4: Dialectical Behaviour Therapy - Part Two: Dr. Shelley McMain - Telus Room
	CO-4: Company & Employee Rights: A Difficult Balancing Act: Adrienne Campbell and Shane Smith - Gemini West
2:15 - 2:45	Nutritional Break & Exhibits
2:45 - 3:45	I Choose The Red Shoes: Sue Minns - Telus Room
3:45 - 4:00	Closing Remarks, Laura Bhoi, President, Bellwood Health Services

KEYNOTE PRESENTATIONS



Dr. Cardwell C. Nuckols MA, PhD is described as “one of the most influential clinical trainers in North America.” Dr. Nuckols’ passion and mission is to assist in the integration of emerging scientific research with

traditional spiritual and self-help knowledge. From this integration comes knowledge and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery.

Dr. Nuckols’ formal educational background includes advanced work in such areas as pharmacology, neurobiology, education and psychology. He is widely published, having authored more than 50 journal articles, 30 books and workbooks, 38 DVDs, CDs and videos, and 17 audiotope series. Dr. Nuckols’ first book, “*Cocaine: Dependency to Recovery*” is a trade best seller, as are his booklets “*Quitting Heroin*” and “*Quitting Marijuana*” (Hazelden).

The Art & Science of Healing

At its inception, medicine was an art utilizing science as a tool (“the healing art”). Today, practitioners are overwhelmed with science while little or no attention is given to the art. Most talk of treatment and management, often with a goal of symptom reduction or tolerable recovery. The words “to heal” speak not of reduction or abstinence but of a freedom to fully experience life in the present moment.

This self-enhancing experience is designed to give participants the science that creates a bridge into the nonlinear realm of healing and how this science can contribute to the “art” of clinical treatment.

Upon completion of this training, participants will be able to:

- Discuss the functions of both left and right brain hemispheres
- Describe the neurobiology of healing
- Describe techniques helpful in attaining the serenity of the right hemisphere
- Describe four sources of suffering that contribute to addiction and other mental disorders
- See the inter-subjective experience of helping in an exciting new way while understanding one’s healing potential.

This workshop has been approved for 2.5 core credit hours from the CACCF.



Lieutenant Colonel (LCol) Stephane Grenier MSC, CD joined the military in 1983. He has served in several missions abroad, most notably nine months in Rwanda in 1994/95 and Kandahar, Afghanistan in

2007. Faced with his own undiagnosed PTSD upon return from Rwanda, he took a personal interest in the way the Canadian Forces was dealing with mental health issues. In 2001 he coined the term Operational Stress Injury (OSI) and conceived, developed, implemented and managed a government-based national peer-support program for the Canadian military named the Operational Stress Injury Social Support (OSISS) Program.

In 2007, LCol Grenier was named the Operational Stress Injury Special Advisor to the Chief of Military Personnel and entrusted with the task of creating a Canadian Forces-wide workplace mental health education program, the Mental Health & Operational Stress Injury Joint Speakers Bureau.

He has been awarded a Meritorious Service Cross and a national Champion of Mental Health Award by the Canadian Alliance on Mental Illness and Mental Health in recognition of his ground-breaking work.

A New Way to Look at an Old Problem: Looking at Mental Health Conditions Through the Eyes of Consumers and Adapting Interventions to These Paradigms

Traditionally, mental health programs have been created and managed by professionals and clinicians. In 2001, the Canadian Forces took an innovative approach to mental health in the workplace by appointing one of its own consumers of mental health programs as the leader of non-clinical initiatives. A nation wide peer support program was created shortly after and six years later a Canadian Forces-wide leadership training program was launched to shift attitudes and behaviours towards mental health problems in the Canadian Military. Anchored to traditional mental health theory and best practices, the Operational Stress Injury Special Advisor today continues to be mandated to develop novel approaches to remove stigma in the workplace, and increase acceptance and understanding of mental health conditions.

This presentation will focus on some of the key aspects of why social support in the workplace is a key to recovery and how formal education focusing on mental health in the workplace can play a mitigating role in the development of some mental health conditions.

Following this presentation, participants will:

- Understand the value of consumer involvement in dealing with mental health challenges in the workplace

- Be aware of how the Canadian Forces-wide leadership training program has shifted attitudes and behaviours towards mental health problems in the Canadian Military
- Understand how the Canadian Forces has developed novel peer-based approaches to remove stigma in the workplace and to increase acceptance and understanding of mental health conditions
- Understand how a formal education process focusing on mental health in the workplace can play a mitigating role in the development of some mental health conditions.

This workshop has been approved for 1.25 core credit hours from the CACCF.



Terry Evanshen is a motivational speaker and former star receiver in the Canadian Football League.

Drafted by the Montreal Alouettes, Terry went on to have an outstanding career in the CFL, playing for 14 years from 1965-1978 with

the Montreal Alouettes, the Calgary Stampeders, the Hamilton Tiger-Cats, and the Toronto Argonauts. He played in nearly 200 games, scored over 90 touchdowns, won the Gruen Trophy as the Eastern Rookie of the Year in 1965, and the Most Outstanding Canadian Award in 1967 and 1971. Terry was an all star seven times, won the Grey Cup in 1970 and was inducted into the Canadian Football Hall of Fame in 1984.

In 1988, Terry’s life was nearly ended when a car ran a red light and crashed into his Jeep. His injuries were so serious that a priest was called to perform last rites. Against great odds he survived in a coma, but when he awoke a month later he had no memory of his life before the crash. His struggles with this great loss eventually led him to become a motivational speaker. In 2000, author June Callwood wrote an award-winning book, “*The Man Who Lost Himself: The Terry Evanshen Story*”, which became a 2005 CTV movie, “*The Stranger I Married*”.

Seize Each Day

In 1988, CFL Hall of Famer Terry Evanshen was returning from work, when his jeep was struck by a van running a red light. He lay in the hospital, so near to death that a priest administered last rights. When Terry finally awoke from his coma he didn’t know who he was, all 44 years of his famous life were completely gone from his memory.

After being in a coma for almost a month, and six months of hospitalized rehabilitation, Terry began the long and painful road back to rebuilding his shattered life.

CLINICAL SESSIONS

Terry will inspire you to look at your own life in a way you have never done before. He gives a moving account of how he re-establishes his identity every day by rebuilding his confidence and purpose one step at a time. He shows you the never-ending power of the human mind to overcome obstacles. He shows you the incredible perseverance of the human spirit.

This workshop has been approved for 1.0 core credit hour from the CACCF.



Sue Minns A repeatedly sought-after speaker, Sue Minns shows us that while we cannot always change what happens to us, we can always choose what it does to us. With her hilarious, memorable and attitude-changing, true-life stories,

Sue demonstrates that your worst nightmare can have a punch line.

Sue believes in what she says because she's lived it. Her sense of humour and positive outlook have helped her roll through experiences with cancer, Multiple Sclerosis, job loss and a house fire. This makes Sue the ideal choice for motivating groups looking for some attitude adjustments. Her insights into how to lessen the load and strengthen your abilities with humour, are perfect for business and social groups who want some laughs with their learning.

"The way I see it, if you have to spend your days in a wheelchair you can either whine about it or you can seize the opportunity to wear smokin' red high heels with zero discomfort. Crap happens... get over it."

I Choose the Red Shoes

"Stressful changes and changing stresses. How can we keep rolling through obstacles in these challenging times? When life deals you some blows you can always choose the red shoes. Now that I'm in a wheelchair I can wear high heels. RED ONES! If attitude is everything, then let's live like we believe it!"

In her signature keynote presentation, Sue will share how she has dealt with MS, cancer and assorted other calamities, and kept on finding the positive and often funny side to it all. It has been said that 10 percent of life is made up of what happens to us, and 90 percent how we react to what happens. Sue will show you how to have a blast with your 90 percent.

This workshop has been approved for 1.0 core credit hours from the CACCF.



Steven M. Melemis PhD MD is a staff physician at Bellwood Health Services and a leading authority in addiction and mood disorders. He is a Medical Inspector for the College of Physicians and Surgeons

of Ontario, and has served as Vice-Chair of Addiction Medicine for the Ontario Medical Association. Dr. Melemis has a post-doctoral fellowship from the University of California at Berkeley, and has received the honour of Fellow of the Royal Society of Medicine. He is the author of "I Want to Change My Life: How to Overcome Anxiety, Depression and Addiction", a book designed to help individuals improve their lives, and give them the coping skills to achieve their goals.

CL-1: Relapse Prevention Strategies: The Five Rules of Recovery

Learn about the stages of relapse and relapse prevention strategies for each specific stage. Discover the common mistakes that lead to most relapses. Learn the five simple rules that dramatically increase one's chances of recovery. Dr Melemis developed these five rules while trying to understand why some people do well in recovery, while others don't. They are easy to understand and easy to explain rules that cover most situations.

This workshop has been approved for 1.25 core credit hours from the CACCF.

Dr. Cardwell C. Nuckols MA, PhD See bio on preceding page.

CL-2: Treating the Multi-System, Multi-Problem Client: Matching Client Need to Modality

Marcus is 27 years old. He was physically abused by his father at a young age and started his use of mood-altering chemicals at the age of 11. Marcus has been in jail and lacks a formal educational degree. He has been treated for Addictive Disorder on three occasions and has relapsed.

This skills training event will give participants techniques based on recent neurobiological and neuropsychological research that can be instrumental in creating powerful opportunities for recovery.

Upon completion of this training, participants will be able to:

- Describe how early life substance use/abuse and chaotic environment impact the developmental trajectory of the brain
- Discuss what resilience research states can be treated and how to implement such treatment
- Discuss the utilization of "wrap around" services
- Discuss from a developmental psychology (Attachment Theory) perspective certain treatment modalities that can help client maturity by enhancing frontal cortical functioning
- Understand that the brain is hard-wired for spiritual experience and how meditation and other modalities can enhance this capacity
- Develop the capacity to create a strong therapeutic relationship by understanding the role of certain brain neurons and entrainment involved in empathy and therapeutic alliance.

This workshop has been approved for 1.25 core credit hours from the CACCF.



Dr. Shelley McMMain PhD, C.Psych is a researcher, clinician and educator. She is currently the Head of the Borderline Personality Disorder (BPD) Clinic at the Centre for Addiction and Mental Health and an Assistant

Professor in the Department of Psychiatry at the University of Toronto. Dr. McMMain received her doctorate from York University. She is currently the principal investigator on several grants including two from the Canadian Institutes of Health Research that are focused on evaluating the efficacy of Dialectical Behaviour Therapy. Over the years, Dr. McMMain has authored a number of theoretical and empirical papers in the areas of borderline personality disorder, substance use disorders, emotion regulation and Dialectical Behaviour Therapy. She has provided training and consultation to health care professionals in the United States, Portugal and across Canada.

CORPORATE SESSIONS

CL-3 & CL-4:

Dialectical Behaviour Therapy for the Treatment of Concurrent Substance Disorders and Borderline Personality Disorder

Treatment of individuals diagnosed with borderline personality disorder (BPD) usually poses significant challenges to clinicians. Treatment is complicated by high rates of co-morbidity, unremitting crises, intense anger and suicidal behaviour not infrequently engendering discouragement and frustration in therapists. Accumulating research evidence supports the effectiveness of Dialectical Behaviour Therapy (DBT) for the treatment of BPD and concurrent substance use disorders.

DBT blends traditional Cognitive Behaviour Therapy with techniques from acceptance-based traditions. This workshop will increase participants' understanding of this treatment approach. In this workshop, participants will learn how to conceptualize concurrent BPD and substance use disorders from DBT's compassionate, non-pejorative, biosocial theory. Participants will learn about the standard modes and functions of DBT and the principles underlying effective treatment. DBT's core strategies will be described and illustrated. In addition, participants will learn how to address treatment interfering behaviours and how to increase commitment and motivation to address substance problems.

Participants will learn:

- How to conceptualize co-morbid substance abuse and personality and borderline personality disorder from DBT's biosocial theory
- To identify the function and modes of standard Dialectical Behaviour Therapy
- To be familiar with selected DBT strategies to increase commitment to address substance problems
- To recognize DBT's core treatment strategies
- Strategies for addressing treatment interfering behaviours.

This workshop has been approved for 3.0 core credit hours from the CACCF.



Linda Bell ICADC, FACATA, CCS co-founded Bellwood Health Services in 1984 with her father, the late Dr. Gordon Bell, and held the position of President and Chief Executive Officer from 1990-2009. In that role,

she led a treatment team that specializes in alcohol and drugs, problem gambling, eating disorders, sexual addiction and PTSD.

As she continues in her role of Chief Executive Officer, Ms. Bell's work focuses on partnering with the community, business and industry to promote awareness about the cost-benefits of addiction and recovery within our society.

Over the past 35 years she has worked with families, clients and treatment professionals from around the world, including the Canadian Department of National Defence and the United States Navy.

Ms. Bell held a number of appointments and positions throughout the years, including being a member of the Ontario Provincial Anti-Drug Secretariat and on the board of the Canadian Addiction Counsellors Certification Federation, where she served a term as President. She was also the first Canadian to be appointed a Fellow of the American College of Addiction Treatment Administrators.

Linda is active in both the Central and Central East Local Health Integration Networks in Ontario. She is on the Board of Directors of:

- The National Association of Addiction Treatment Providers in the U.S.
- Alpha House, a recovery home in Toronto

CO-1:

The Alarming Costs of Workplace Addiction – Are Your Employees Drinking Away Your Profits?

Addictions are a very serious health issue. The impact of one addicted individual reaches a wide range of people, including family, friends and the workplace. An employee struggling with an addiction can create a ripple effect that interferes with the smooth functioning of his or her entire work area.

While it is a challenge knowing how to identify and effectively intervene on an employee whose job performance is being compromised, there are many benefits of addressing workplace addiction problems. The cost/benefits of treatment outweigh the cost of termination, recruiting and arbitration, plus employers will benefit from increased productivity, improved quality of work, a safer work environment, and improved morale. Bellwood's outcomes show eighty-two to ninety-two percent success for clients who were referred for treatment and received continuing support in recovery from their employers.

This presentation will provide:

- A definition of addiction and a discussion of the pre-disposing factors that can lead to an addiction
- An overview of various addictions (alcohol, drugs, gambling, sexual and Internet) and how each can manifest itself in the workplace
- An overview of safety and other performance issues that could be detrimental to other employees, as well as the organization
- Tools and resources to help employers deal with a colleague, subordinate, or even a supervisor who may be exhibiting some of the signs and symptoms of an addiction
- The cost/benefit of early identification of employees struggling with an addiction and supporting an employee through their recovery.

This workshop has been approved for 1.25 core credit hours from the CACCF.



Rhona Charney MSW, RSW has worked in the field of addiction treatment since 1988, with a focus on group work and individual therapy. She has worked at three addictions centres, and has been on staff at Bellwood Health

Services as a therapist since 1992. As a therapist, Ms. Charney's work focuses mainly on group therapy within an adult population of clients with a variety of addictions and concurrent disorders. She has also trained as a psychodrama therapist and a family therapist.

In addition to her responsibilities as a therapist, Ms. Charney supervises student placements in Bellwood's therapy department and acts as a mentor to the therapists in her department.

CO-2:

Co-dependency in the Workplace – Are You Guilty?

Co-dependency is a very destructive and disarming concentration of behaviours with potentially devastating repercussions in the workplace. This workshop is designed to help people identify co-dependent behaviour and its impact, validate the feelings of being caught in its web of destruction and empower them to action and not reaction.

Co-dependency is a relational behaviour that occurs between individuals and is identified by some common characteristics. These include, dependence on something or someone outside of self for a feeling of well-being, entanglement with another person rather than a relationship of equality, subordination of one's own feelings and allowing the needs of another to determine one's behaviours to the detriment of self.

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Who Should Attend:

- Physicians & Nurses
- Psychologists, Social Workers, Therapists & Addiction Counsellors
- Occupational Health, Employee Assistance & Human Resource Professionals
- Disability Coordinators
- Managers & Supervisors
- Anyone with an interest in addiction treatment

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This workshop will explore:

- How to know if you are a co-dependent at work
- Examples of co-dependent situations at work
- The roles co-dependents play at work and whether or not they reflect their personality and roles in their families
- What to do in the event that either you or others at work fit these roles
- The effect on the workplace and the individual.

Attendees will participate in a joint discussion of personal experiences and reflect together on some solutions.

This workshop has been approved for 1.25 core credit hours from the CACCF.



Rick Csiernik PhD, RSW is Professor of Social Work at King's University College at the University of Western Ontario. He earned both B.A., B.Sc. and B.S.W. degrees from McMaster University, a M.S.W. and

Ph.D. in Social Work from the University of Toronto and a Graduate Diploma in Social Administration from Wilfrid Laurier University.

Rick has been on the King's University College Honor Role of teaching eleven consecutive times, is past recipient of the McMaster University Instructor Appreciation award, has authored over 100 peer reviewed articles and book chapters and has been an invited presenter to over 150 national and international conferences and workshops. He is the author of "Introduction to Substance Use and Abuse: Theory and Practice", "Practicing Social Work Research: Case Studies for Learning" and editor of "Wellness and Work: Employee Assistance Programming in Canada" and "Responding to the Oppression of Addiction" with William S. Rowe.

CO-3:

Oxycontin, Percodan, Methadone & All Those Other Nasty Opioids That Cause Havoc In the Workplace: Or Do They?

This fact-based interactive presentation will offer truths and insights behind the myths associated with these popular and valuable yet at times problematic group of psychoactive drugs and their impact upon your workplace. Time will be allocated to address specific issues arising from individual workplaces along with the opportunity to discuss the risks and benefits of both EAP and drug testing programs.

This workshop has been approved for 1.25 core credit hours from the CACCF.



Adrienne Campbell MA, LL.B is a partner at Miller Thomson LLP and a member of the firm's Labour and Employment Group. She has extensive experience in both private practice and as in-house counsel, providing legal

advice and strategic counsel to multiple business partners on a variety of national employee relations, employment and labour matters. Adrienne's background allows her to provide practical, business-oriented advice to federally and provincially regulated clients in both the profit and not-for-profit sectors in areas such as offer letters, executive employment contracts, positive employee relations, progressive discipline, terminations, human rights, attendance management issues, drafting of human resource policies, and the employment implications of corporate reorganizations.



Shane Smith B.Sc.Eng, LL.B is a partner at Miller Thomson LLP, leads the labour and employment practice within the firm's Health Industry Group and is also a member of the firm's Labour and Employment Group.

Shane's practice focuses on assisting employers in the health sector with respect to labour relations and employment law matters. He provides advice to employers operating in union and non-union settings, and frequently acts as counsel in arbitrations, before the Ontario Labour Relations Board and in relation to wrongful dismissals, human rights, collective bargaining and employment standards matters. Mr. Smith works with the clients to provide strategic advice with the goal of minimizing and eliminating potential disputes before they arise.

CO-4:

Company and Employee Rights: A Difficult Balancing Act

Balancing the company's right to manage performance with an employee's right to accommodation for addiction issues can often be difficult.

This presentation will provide an overview of the law on performance management and termination in both a union and non-union setting, and an overview of the law on accommodation and discrimination as set out in human rights legislation. Participants will learn about strategies for dealing with what can often appear to be conflicting rights and obligations as between the employer and the employee.

This workshop has been approved for 1.25 core credit hours from the CACCF.

An Invitation for Learning

Bellwood Health Services proudly presents its 2nd Annual Addiction Symposium: **The Many Faces of Addiction 2010**. Through this broad forum, we invite healthcare and corporate professionals, community partners, and members of the public, to come together for an interactive experience of learning and discussion.

Addiction continues to be a major health concern in Canada, impacting thousands of Canadians, and costing the economy an estimated \$40 billion per year (*Rehm et al., 2006*).

Please join us as we delve into important topics ranging from the neurobiology of addiction and recovery, to clinical practice techniques in treating addiction and other mental health disorders, to the practical issues of managing addiction in the workplace.

We look forward to seeing you in September!



Laura Bhoi, President

REGISTRATION: The Many Faces of Addiction 2010: A Symposium Presented by Bellwood Health Services

Name: _____

Title: _____

Organization: _____

Address: _____

City: _____

Prov: _____ Postal Code: _____

Tel: _____ Fax: _____

Email: _____

CONCURRENT SESSION OPTIONS:

Please indicate your session choices

September 23

- | | |
|--|---|
| <input type="checkbox"/> CO-1:
The Alarming Costs of Workplace Addictions
OR | <input type="checkbox"/> CO-2:
Co-Dependency in the Workplace
OR |
| <input type="checkbox"/> CL-1:
Relapse Prevention Strategies | <input type="checkbox"/> CL-2:
Treating the Multi-System, Multi-Problem Client |

September 24

- | | |
|--|--|
| <input type="checkbox"/> CO-3:
Oxycontin, Percodan, Methadone & All Those Nasty Opioids
OR | <input type="checkbox"/> CO-4:
Company and Employee Rights
OR |
| <input type="checkbox"/> CL-3:
Dialectical Behaviour Therapy - Part One | <input type="checkbox"/> CL-4:
Dialectical Behaviour Therapy - Part Two |

REGISTRATION FEES Please check desired days

- | | |
|---|---|
| <input type="checkbox"/> Two Day Early Bird: | \$369.00 + \$47.97 GST/HST = \$416.97 |
| <input type="checkbox"/> Two Day After August 13: | \$399.00 + \$51.87 GST/HST = \$450.87 |
| <input type="checkbox"/> Single Day Early Bird: | \$210.00 + \$27.30 GST/HST = \$237.30 |
| <input type="checkbox"/> Single Day After August 13: | \$240.00 + \$31.20 GST/HST = \$271.20 |
| <input type="checkbox"/> Student rate
(with valid student ID): | \$125.00 + \$16.25 GST/HST = \$141.25/day |

Registration fee includes continental breakfast, morning and afternoon break refreshments, and lunch.

When registering please advise us of any dietary restrictions.

PAYMENT METHOD

VISA Mastercard Cheque

Cardholder Name: _____

Card Number: _____

Cardholder Signature: _____

Expiry Date: Amount: \$ _____

Early bird registration must be received/postmarked no later than August 13, 2010.

Payment must accompany all registrations.

Registrations can be mailed or faxed to (416) 495-7943, Attn: J. Laird

Make cheques payable to:

Bellwood Health Services Inc.,
1020 McNicoll Ave.,
Toronto, ON, M1W 2J6
Attn: J. Laird

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CONTINUING EDUCATION CREDITS: Attendees can earn up to 10.75 hours of Continuing Educational Units (CEUs). All CEUs have been approved by the Canadian Addiction Counsellors Certification Federation.

PARKING is available at the Ontario Science Centre and there is no charge before 9 a.m.

HOTEL ACCOMMODATION:

Toronto Don Valley Hotel & Suites

1250 Eglinton Avenue East (Eglinton & Don Valley Pkwy)
416- 449-4111 or toll free 1-877-474-6835

Located 2 km from the Symposium.

Request the Ontario Science Centre rate of \$99/night when booking.

CANCELLATION POLICY

There will be no refunds on cancellations made after September 15th. All cancellations must be in writing and directed to: Bellwood Health Services Inc., Attn: J. Laird.



Discover the Freedom of Being Well

Bellwood Health Services Inc.

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